



2010 OPEN WINTER CHAMPIONSHIPS

6th to 8th August 2010
Flaxmere Waterworld, Hastings
(25m - 6 Lane)

sessions

		Warm Up	Start
1	<i>Fri 6th August</i>	3.30-4.20pm	4.30pm
2	<i>Fri 6th August</i>	<u>starts</u> 10 mins after end of session 1	
3	<i>Sat 7th August</i>	7.30-8.20am	8.30am
4	<i>Sat 7th August</i>	4.00-4.50pm	5.00pm
5	<i>Sun 8th August</i>	7.30-8.20am	8.30am
6	<i>Sun 8th August</i>	<u>starts</u> approx 45 mins after end of session 5	

Friday

6th August

Session 1			
warm-up : 3.30pm		start : 4.30pm	
Age	Female	Male	
Event 1	Mixed 12/U 100m Medley		
10/U	1:55.00	1:55.00	heats
11/12	1:45.00	1:40.00	heats
Event 2	Mixed 13/O 100m Medley		
13/14	1:40.00	1:35.00	heats
15/O	1:35.00	1:30.00	heats
Event 3	Mixed 12/U 200m Breaststroke		
10/U	4:10.00	4:10.00	heats
11/12	3:46.00	3:44.00	heats
Event 4	Mixed 13/O 200m Breaststroke		
13/14	3:30.00	3:18.00	heats
15/O	3:25.00	3:12.00	heats
Event 5	Mixed 13/O 50m Backstroke		
13/14	42.00	40.00	heats
15/O	40.00	37.00	heats
Event 6	Mixed 12/U 50m Backstroke		
10/U	54.00	54.00	heats
11/12	47.00	47.00	heats
Event 8	Open 4 x 50 Mixed Free relay		
	<i>See Meet conditions</i>		T/F
Event 7	Open Girls 800m Freestyle		
	<i>Fastest 12 qualifiers</i>		T/F

Session 2

(starts 10 minutes after Session 1 ends)

Events 1 – 6	finals
---------------------	--------

Entry Details

Closing date for entries :

- 8.00pm Wednesday 28th July 2010
- Late entries not accepted (excludes relay)
- entries for the relay event to be in by the **end** of session 3

Entry Fees :

- \$8.10 per event (relay - free)
- to be received **before** Wednesday 18th Aug
- payable to 'Swim Hawkes Bay'

Entry Reports :

- 'Proof of Times' entry report (by name) to accompany c2 file (when emailing) and a hardcopy included with all postal entries

Post to :

Bev Penny
P O Box 8020, Havelock North
(06) 8774503/ 021 154 6332

e-mail : bj.penny@xtra.co.nz

website : www.hbpbswimming.org.nz

Saturday

7th August

Session 3			
warm-up : 7.30am		start : 8.30am	
Age	Female	Male	
Event 9	Mixed 12/U 200m Freestyle		
10/U	3:20.00	3:05.00	heats
11/12	3:10.00	2:55.00	heats
Event 10	Mixed 13/O 200m Freestyle		
13/14	2:41.00	2:30.00	heats
15/O	2:37.00	2:25.00	heats
Event 11	Mixed 12/U 50m Breaststroke		
10/U	1:02.00	1:02.00	heats
11/12	50.00	50.00	heats
Event 12	Mixed 13/O 50m Breaststroke		
13/14	45.00	44.00	heats
15/O	43.00	41.00	heats
Event 13	Mixed 12/U 50m Butterfly		
10/U	56.00	56.00	heats
11/12	50.00	50.00	heats
Event 14	Mixed 13/O 50m Butterfly		
13/14	40.00	37.00	heats
15/O	37.00	35.00	heats
Event 15	Mixed 12/U 50m Freestyle		
10/U	45.00	45.00	heats
11/12	40.00	40.00	heats
Event 16	Mixed 13/O 50m Freestyle		
13/14	36.00	34.00	heats
15/O	34.00	31.00	heats
Event 17	Mixed 12/U 100m Backstroke		
10/U	1:56.00	1:56.00	heats
11/12	1:42.00	1:42.00	heats
Event 18	Mixed 13/O 100m Backstroke		
13/14	1:30.00	1:23.00	heats
15/O	1:25.00	1:18.00	heats
Event 19	Girls 13/U 200m Butterfly		
13/U	3:35.00		T/F
Event 20	Girls 14/O 200m Butterfly		
14/O	3:35.00		T/F
Event 21	Boys 13/U 200m Butterfly		
13/U	3:35.00		T/F
Event 22	Boys 14/O 200m Butterfly		
14/O	3:35.00		T/F
Event 23	Mixed 12/U 200m Medley		
10/U	3:50.00	3:40.00	heats
11/12	3:40.00	3:30.00	heats
Event 24	Mixed 13/O 200m Medley		
13/14	3:10.00	3:00.00	heats
15/O	3:00.00	2:48.00	heats
Event 27	Open Boys 1500m Freestyle		
	<i>Fastest 12 qualifiers</i>		T/F

Session 4

warm-up : 4.00pm start : 5.00pm

Event 25	Open 200m Medley Relay Girls		
Event 26	Open 200m Medley Relay Boys		
	<i>See Meet Conditions</i>		T/F
Events 9 – 18 , 23 & 24	finals		

Sunday

8th August

Session 5			
warm-up : 7.30am		start : 8.30am	
Age	Female	Male	
Event 28	Girls 13/U 400m Freestyle		
13/U	6:00.00	-	T/F
Event 29	Girls 14/O 400m Freestyle		
14/O	5:30.00	-	T/F
Event 30	Boys 13/U 400m Freestyle		
13/U	-	5:40.00	T/F
Event 31	Boys 14/O 400m Freestyle		
14/O	-	5:05.00	T/F
Event 32	Mixed 12/U 100m Butterfly		
10/U	1:51.00	1:51.00	heats
11/12	1:40.00	1:38.00	heats
Event 33	Mixed 13/O 100m Butterfly		
13/14	1:30.00	1:25.00	heats
15/O	1:25.00	1:15.00	heats
Event 34	Mixed 12/U 100m Breaststroke		
10/U	2:05.00	2:05.00	heats
11/12	1:50.00	1:50.00	heats
Event 35	Mixed 13/O 100m Breaststroke		
13/14	1:40.00	1:35.00	heats
15/O	1:35.00	1:30.00	heats
Event 36	Mixed 12/U 200m Backstroke		
10/U	3:42.00	3:38.00	heats
11/12	3:30.00	3:26.00	heats
Event 37	Mixed 13/O 200m Backstroke		
13/14	3:05.00	2:50.00	heats
15/O	3:00.00	2:44.00	heats
Event 38	Mixed 12/U 100m Freestyle		
10/U	1:45.00	1:45.00	heats
11/12	1:35.00	1:30.00	heats
Event 39	Mixed 13/O 100m Freestyle		
13/14	1:15.00	1:10.00	heats
15/O	1:12.00	1:06.00	heats

Session 6

(Start approx 45 mins after end of Session 5)

Age	Female	Male	
Event 40	Girls 13/U 400m Medley		
13/U	7:00.00		T/F
Event 41	Girls 14/O 400m Medley		
14/O	7:00.00		T/F
Event 42	Boys 13/U 400m Medley		
13/U	6:30.00		T/F
Event 43	Boys 14/O 400m Medley		
14/O	6:30.00		T/F
Events 32 - 39	finals		

Meet Conditions

- refer over for meet conditions
- for further information see the Swimming HBPB website.

meet conditions

This meet will be conducted under the technical rules of FINA with local rules taking precedence

1. **Age** : as at 6th August 2010
2. **Qualifying Period** : 27 July 2009 to 26 July 2010.
3. **No Times** are *not* accepted
4. **All swimmers**: must be financial members of a Swimming NZ affiliated Club.
5. **Entry Times** : to be in SC 25m times
6. **'Proof of times'** : entry report (by name) to accompany cl2 file (when emailing) and a hardcopy for all postal entries
7. **Events** : will be swum as per programme however the Organising Committee reserve the right to the following :
 - . to *restrict* the number of entries for any event
 - . to *combine* events where necessary
8. **Relays** (events 8, 25, 26) :
 - . Teams to be Open Age Group Club teams
 - . Event 8: Teams to be made up of 4 swimmers 2male/2 female.
9. **Finals** : All Finals will be swum as separate male & female age groups :

10/U , 11/12 , 13/14 , 15/O
10. **Awards** : Medals for 1st, 2nd, & 3rd and Ribbons for 4th – 6th for all Finals except relays.
11. **Age Group Trophies**: will be awarded to the male and female HBPB Swimmers who achieve the highest total points in their age group from their best 9 events. Points awarded to HBPB swimmers only.
12. **Poolside Officials** : Swimming HBPB shall endeavour to obtain the necessary number of officials, however the number on poolside may be more or less than that stated by Swimming NZ depending on availability of officials on the day. We welcome any assistance from visiting officials.

Free entry for anyone who officiates at 3 or more sessions.
Advise officials to Keith Bone at bone.benleigh@xtra.co.nz.
13. **Timekeepers** : Clubs to provide one(1) timekeeper per four(4) swimmers per session please
14. **Starts** : are over the top for Heats *only*
15. **Electronic Timing** : will be used at these championships
16. No 800 times will be taken out of the 1500m event.