

WELCOME TO SWIMMING COUNTIES MANUKAU

JUNE 2010
SWIMMING News

Congratulations!



To Hayden Church HPK 12yrs who set his first NZ Record
In the 50 Freestyle on the 29th May.
He equaled the 50 Free record swimming 26.50 which was set in
1994. It is listed now on the SNZ Website

Congratulations!



Congratulations to Paige Schendelaar-Kemp who received the
SNZ Brockett Award of \$500.00
For the Female Swimmer 15/under who is selected by the SNZ
Selectors and based on a single
Event XLR8 Points.
2010 NZ Juniors -11 yrs 400 IM 5.27.54 -1142 XLR8 Points.
Congratulations Paige a great achievement



The XIX Commonwealth Games

Congratulations to Dave Beattie Pukekohe who has been selected
to Officiate at The XIX Commonwealth Games in Delhi, India
from the 3-14 th October 2010

Congratulations!



NZ TEAM AND SQUAD SELECTIONS

SNZ Breaststroke and Fly Camps 28-30 May
Jeffrey Arona-Tuifana'e Howick Pakuranga
Alex Hancock Howick Pakuranga
Gary Hollywood-Coach Howick Pakuranga

SNZ Open Water Squad

Cara Baker
Laura Baker
Stefan Talbot

21-26th June 2010 Oceania Champs Apia, Samoa

Ewan Jackson
Renee Stothard
Official-Dave Beattie
Roy Peters- Samoan Team

5th -10th -July NZ 2010 -Tran-Tasman Tri-Series -NZ

Renee Stothard
Jeffrey Arona-Tuifana'e
Alex Hancock
Ewan Jackson
Corey Main

14th -26th 2010 Youth Olympic Games-Singapore

Ewan Jackson
Renee Stothard

Junior Pan Pacific -Open Water Hawaii

Laura Baker

15th-23rd July Canada

Cara Baker 9th Fina World Champs-Open Water
Cara Baker Pan Pacific Games-Open Water California, USA



More pork Riverside
Friendly B&B -Home stay in the Bay of Islands
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DIRTY DOGS
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PARADISE ICE SKATING
Botany Downs, Pakuranga
09-273-2999

BERKELEY CINEMA GROUP
Takapuna
Movie Info 488- 6008
Reservations: 488-6000 ext 1

30th May-Prizegiving



Corey Main –Swimmer of the Year



Joshua Asplin –Junior Swimmer of the Year



Paige Schendelaar-Kemp-Presidents Trophy



Jeffrey Arona-Tuifana'e –Honors Cup



Liana Smith –Most Improved Swimmer



Minoo Ghadiali –Official



Open Water Swimmer of the Year-Stefan Talbot



Matt Willoughby Graham Trophy-Lisha Hunter



Volunteer of the Year –Hubert dekonong

Hugh Richards Memorial Trophy-Jeannie Sibun



Above of the some of the award winners at Prizegiving held at Weymouth Cosmopolitan Club on the 30th May. Congratulations to all the prize winners, Prizegiving Booklet available on website with full write-ups

Also Annual Report Prizegiving with Colour Photos is also now available on website

www.sportsground.co.nz/countiesswimming

RAINBOWS END –Sponsor Prizegiving 2010 -Vouchers

BERKELEY CINEMA’S-Sponsors Prizegiving 2010-Vouchers

PARADICE ICE SKATING –BOTANY- Sponsors Prizegiving 2010-Vouchers



DZIAH YOUTH TRUST Dziah Dance Academy

“ Dziah to Dream, Dziah to Dance, Dance with Dziah ”

MONDAY Intro class (3yrs - 5yrs) - 5pm
Junior boys - 5.45pm

TUESDAY Junior girls - 5.30pm

WEDNESDAY Adult beginners - 6.30pm

THURSDAY Adult intermediate - 6.30pm

STUDIO BOOKINGS
The Dziah Dance Studio is available for hire.
Please contact the office for more information.

EVENT BOOKINGS
Dancers, Dance Crews and Dance choreographers
available for hire. Please contact the office for
more information and bookings.

DZIAH DANCE ACADEMY
All students from The Academy are selected from our
dance studio classes. The Dziah Dance Academy is
for our elite dancers selected through an audition
process. The Academy provides opportunities to tour
nationally and internationally and perform at various
corporate events.



Dziah Academy Dancers –Dskysz and Dejavu

Contact: Natasha- 021- 283-8370 for more info

<http://www.dziah.org/>





To all our Officials/Coaches/Committee
JUNE BABIES
HAPPY BIRTHDAY



<p>Pukekohe-Kerry Cheyne, Brian McLean, Sharon Piggott</p> <p>Papatoetoe- Dene Osborn, Karlene Morgan</p> <p>Papakura-Michelle Crandon, Mark</p>	<p>Howick Pakuranga-Jacqui Duncan</p> <p>Waiuku-Dianne Jones</p>
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"Counties Manukau Achievers NEWS"



"Our region has so many talented young people in all different Sports codes, Academic, Arts etc, As well as Swimming"



Auckland Swimming League

Helen Norfolk's Team -Speedo Typhoons Ranked 1st

HPK-Bradley Arona-Waqanivalagi, Jeffrey Arona-Tuifana'e, Matthew Heim, Katie Hohaia, Bayley Main, Corey Main, Aimee Moss, Paige Schendelaar-Kemp, Trent Thorpe, Lee-Ning Yap.
PUK-Liana Smith
MRE-Charlotte Pritchard



Records Broken May 2010

								Jun-10	
NAME	CLUB	GENDER	AGE	COURSE	DISTANCE	STROKE	TIME	MEET	DATE
Lauren Spence	HPK	F	13	L	200	Breast	2.45.24	MT Eden Laser Level 1	22.5.10
Hayden Church	HPK	M	12	S	50	Free	26.50.	Waterhole 400 +	29.05.10
Liana Smith	PUK	F	13	S	100	Free	1.00.12	St George Carnival	30.05.10
Katie Hohaia	HPK	F	10	S	100	Breast	1.24.05	St George Carnival	30.05.10

Websites worth looking at.

XLR8: Swim Faster, Faster Programme. www.takeyourmarks.com
Counties Manukau Sport www.cmsport.co.nz

Parent Handbook—The Parent Handbook is a free resource you can give to the parents of your swimmers. It contains useful information for issues and questions parents may have. The aim of this resource is to promote a collaborative approach to swimmer development. <http://www.swimmingnz.org.nz/education/education-for-parents>

Coaches ToolboxThe Coaches toolbox is a new section of the Swimming New Zealand website. It contains various articles of interest and links for coaches of all levels. This is a “living” section of the website, in that articles will frequently be updated view at: <http://www.swimmingnz.org.nz/education/coaching/coaches-toolbox>

Swim Coaching Starter Pack **This is a free online tool that entry level coaches can use to learn the fundamentals of swim coaching - visit:** <http://www.swimmingnz.org.nz/education/coaching/swim-coaching-courses-and-qualifications/swim-coaching-starter-pack>

Counties Manukau Sport INFO “Club works “Workshops –Engaging with your Community

- Counties Manukau Sport www.cmsport.co.nz
- **EVENTS (for all events, see our online CMSPORT Calendar at** www.cmsport.co.nz/calendar

Swimming Counties Manukau Roll of Honour –Swimmers
 And Roll of Honour -Officials, Coaches, Clubs News Articles, Congratulations, Incentive Programme, Nationals, SCM Honour Role, Final Points Calculator etc. www.sportsground.co.nz/countiesswimming
 Counties Officials website, Congratulations, Articles, <http://www.sportsground.co.nz/scmofficials>

Online Directories

People interested in joining clubs will look online for clubs, increase your membership please use to advertise your clubs, free advertising.

- Counties Manukau Sport www.cmsport.co.nz
- Yellow Pages www.yellow.co.nz
- www.finda.co.nz
- www.playday.org.nz
- www.manukaudistrict.co.nz
- www.azdirect.co.nz (Franklin only) Waiuku and Pukekohe, Papakura clubs

[CMS website calendar here](#)



THANKS MATE IS BACK!

Thanks to the continued support of Millennium Hotels, we can continue to promote and recognise the many volunteers that make sport happen in our clubs. Each month we will draw one volunteer to win a bed and breakfast voucher for two, donated by the Millennium Hotels. Whilst RSOs are invited to nominate candidates from within your clubs, **I would ask your organisation to support this initiative by encouraging your clubs to make the nominations themselves. This is a great way for clubs to say thank you, in a local way.** However, if you, as an RSO, would like to say thank you to your volunteers also, then you are most welcome to nominate. Online nomination forms are now available at www.cmsport.co.nz/thanksmate

KEEP THE PARENTS HAPPY AND MAKE MONEY TOO! Xpresso Delight can offer your club a stunning Swiss made coffee machine worth \$8,250 without any contract obligations or risk for **FREE!!!** Xpresso Delight will provide your club with fresh gourmet Arabica beans, cups, sugar, spoons and lids for a per cup rate that enables your members, parents and volunteers to enjoy a full range of coffees. Your club can sell café quality coffee and hot chocolates at your fundraiser or in your clubrooms and make about \$1.50 per cup. The machine doesn't require plumbing and also comes with a milk fridge for added convenience. All you do is provide the water, power and milk. There are no rental or service fees so you **ONLY PAY FOR WHAT YOU USE!!!** If your club is interested in this fantastic fundraising opportunity, then please contact Allan on 021875431.

Fundraising idea #26 - Trade me: Use the website to sell club merchandise or general fundraising - www.trademe.co.nz

Check out www.houseoffundraising.co.nz for some advice and links on fundraising for your club



Paul and Barbara Linton have once again donated Vouchers

Morepork Riverside Lodge

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BERKELEY CINEMA'S-Sponsors Prizegiving 2010-Vouchers

PARADICE ICE SKATING -BOTANY- Sponsors Prizegiving 2010-Vouchers

*Swimming Counties Manukau Association
AGM*

Friday 16th July 2010 7.00 pm

*Friendship House
20 Putney Way
Manukau City Centre*

Flyers and info www.countlesswimming.org.nz

JUNE-

- 4th Counties League #1 –Lloyd Elsmore 6.30-9.00pm
- 7th Queens Birthday Holiday
- 19th Dolphin League #1-Manurewa Pool 6.30-9.00pm
- 21st June-Executive Meeting
- 21-26th 2010 Oceania and Open Water Championships Apia,Samoa
- 28th Technical Panel Meeting

JULY

- 2nd July- Counties League #2- Lloyd Elsmore 6.30-9.00pm
- 5th – School Holidays Start
- 5th-10th 2010 Trans Tasman Tri Series International competition- NZ
- 14th SCM Assessors meeting-7.30pm –Papakura Club Rooms
- 16th School Holidays End
- 16th SCM AGM –Friendship House Manukau City 7.00pm
- 17th-18th –Honda Cars Carnival –Lloyd Elsmore Pool-Electronic Timing
- 22nd-25th –Auckland Winters
- 24th Manurewa Winter Carnival
- 30th Dolphin League #2-PapatoetoePool 6.30-9.00pm

AUG –

- 7th Pukekohe Winter Carnival
- 13th Counties League #3 –Lloyd Elsmore 6.30-9.00pm
- 14th -26th 2010 Youth Olympic Games-SINGAPORE
- 16th -Executive Meeting
- 26th -29th Junior Pan Pacific Championships
- 28th Dolphin League #3-Manurewa Pool 6.30-9.00pm

SEPT-

- 4th Counties League #4-Manurewa 6.30-9.00pm
- 10th Dolphin League #4-Papatoetoe Pool 6.30-9.00pm
- 12th Papatoetoe Carnival
- 20th –Executive Meeting
- 26th-30th 2010 NZ Age Group Short Course Champs-Christchurch
- 27th-School Holidays start
- 26th-30th –NZ Spring Meet

OCT-

- 3rd-14th Commonwealth Games-New Delhi
- 11th OCT –School Holidays end
- 16th –CO Junior Meet-12.00pm–4.00 pm-Manurewa Pool
- 17th –CO Junior Meet -12.00pm–4.00 pm-Manurewa Pool
- 18th –Executive Meeting
- 25th Labour Day Holiday
- 31st 400's Meet

NOV-

- 6th-7th Auckland 50's
- 12th-14th 2010 NZ Open SC Champs-Mt Manuganui
- 12th -14th NI Masters SC Champs –Lloyd Elsmore-Officials required please
- 14th November-Papakura Carnival –Mountfort Park Pool
- 15th –Executive Meeting
- 20th-21st –Proposed Counties NZ Junior Date given to SNZ
- 26st-28th –Auckland Juniors Invitational

DEC-

- **3rd-4th –Auckland Distance & Relays**
- **5th –SCM Anniversary Carnival-Papatoetoe**
- **9th-11th Auckland Senior Champs-Invitational**
- **15th Dec-20th -School Holidays Start**

2011

- **JAN**
- **28th-30th –Counties Age Group Champs**
- **FEB**
- **6th –Counties Age Group Sprints & Relays**
- **MARCH**
- **1st -5th - NZ Age Groups Wellington**
- **16th-19th - Division 11 Christchurch**
- **APRIL**
- **4th-8th April NZ Opens -Christchurch**