

**WELCOME TO SWIMMING COUNTIES
MANUKAU**

**DECEMBER
SWIMMING**

News

Congratulations!



**Joshua Asplin-Papakura Swimming Club
Broke his 1st 2 New Zealand Records at the
Counties Junior Meet**

**50 Butterfly SC 12 yr Boys
50 Backstroke SC 12yr Boys**

Auckland Junior Champs Broke another NZ Record

50 Backstroke LC 12 yr Boys



Good luck!

**HEB Group Sporting Excellence Awards will be held at the
Telstra Clear Pacific Events Centre on December 10**

**Finalists announced
JUNIOR SPORTSMAN OF THE YEAR**

**Jeffrey Arona-Tuifana'e &
Corey Main**

CLUB AWARD-Howick Pakuranga Swimming Club

**It's Official the Best Recreation Facilities
Are right here in Manukau.**

**Manukau Leisure stole the show scooping up three prestigious
awards at the NZ Recreation Associations Annual
Conference. The Manurewa Aquatic Centre won the NZRA
Outstanding Pool Award.**

Congratulations!



Chelsea Sugar Refinery Swim (6th Dec) 2.4k

**Stefan Talbot, Jana Korbasova (HPK coach) & Cameron
Flavell on their results in the Chelsea Sugar swim.**

**Stefan and Jana finished 2nd overall male & female
respectively and Cameron finishing 7th overall.**

**Stefan swam without a wetsuit and won the Chelsea Cup
(1st male non-wetsuit), Mazzolini cup (1st swim club
member male) and the Malloy shield (1st overall swim club
member (non wetsuit division))**

Special Olympics National Meet at Palmerston North

**Jordan Symes Manurewa Club, swam at the Special Olympics
National Meet 2nd-5th December, 1st 50m Freestyle,
2nd 50m Breaststroke, 4th 200m freestyle.**

Officials-

**Minoo Ghadiali -Manurewa also attended as Official and was
JOS, Referee, Starter and Chief IOT.**

Alan Taylor-Papakura also attended as an Official



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Counties Long Distance Champs

800 Free

1500 Free



**Clubs will hold their own Long Distance
Times swum from the 1st Sept 2009-1st Feb 2010
Age as at the 22nd January 2010**

**Please remember that all results must be entered on Meet Manager and forwarded to Geoff by the
1st February 2010. Also not forgetting that you must have the full compliment of qualified
Officials.**



**"COUNTIES SUMMER
CHAMPIONSHIPS"**



Themed Meet- Theme "Luau" Hawaiian Party

Prize for best dressed club in Theme

Prize for best Dressed –Adult "Tama" -Male

Prize for Best Dressed-Adult "Wahine"-Female

Time Buster Ribbons

Medals 1st, 2nd, 3rd Age Groups



"BBQ –Club Fundraising"

"THE COFFEE MAN"

"Clubs March Past"

Officials Required Please



Anniversary Carnival 6th December



The Weather was kind and the Christmas atmosphere around the pool was great.

Thanks to Jeannie & Mr Mills Senior for being MR & Mrs Santa Claus
230 Swimmers from 12 clubs competed swimming 358 Personnel best times swum.

Themed meet "Christmas"
Club Winners of the Challenge shield for
BEST-DRESSED CLUB IN THEME.
"Pukekohe Club "

PUKEKOHE

Mr & Mrs SANTA CLAUS



Towel Overall Age group winners –Congratulations.

- 8 & Under Girls –Natasha Latu - Waterhole AK**
- 8 & Under Boys –Benjamin Wilson -Papakura Co**
- 9 Year Girls –Abby Nipper-Waterhole AK**
- 9 Year Boys –Mitchell Booth –Waterhole AK**
- 10 Year Girls –Tayla Latu-Waterhole AK**
- 10 Year Boys –Jackson Dawson -Waterhole AK**
Karl Zhu-Howick Pakuranga CO
- 11 Year Girls – Siobhan Kelly -Waterhole AK**
Mackenzie Lambert -Pukekohe CO
- 11 Year Boys –Liam Simpson -Waterhole AK**
- 12 Year Girls –Liana Smith Pukekohe CO**
- 12 Year Boys –Joshua Asplin –Papakura CO**
Dominic Mildon- Howick Pakuranga CO
- 13 Year Girls-Anahere Hakiaha AK**
- 13Year Boys-Haistha Jayasinghe -Howick Pakuranga CO**
- 14Year Girls-Pearl Hans- Papatoetoe CO**
Amber Piggott -Pukekohe CO
- 14 Year Boys-Mitchell Wells- Howick Pakuranga CO**
- 15/Over Girls-Naomi Van der Ploeg -Pukekohe CO**
- 15/Over Boys- David Screen-Papatoetoe CO**

Club News



Papakura-Karyn Fisher,
Ken Hastings, Steve Pyke

Pukekohe-Allan Bruce,
Ann Houston, Debra Mahony,
Sandra Sutcliffe

Howick Pakuranga-Karen McCullough,
Steve Waqanivalagi

Mangere-
Zyphveronee Kotlowski

Manurewa-Jane Logan
Merwan Ghadiali



To all OUR Officials/Coaches/Committee out their who have birthdays in DECEMBER
HAPPY BIRTHDAY

"Counties Swimming Achievers NEWS"



Special Olympics National Meet at Palmerston North

Jordan Symes Manurewa Club, swam at the Special Olympics
National Meet 2nd-5th December, 1st 50m Freestyle, 2nd 50m Breaststroke, 4th 200m freestyle.
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Finalists announced,
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Stefan and Jana finished 2nd overall male & female respectively and Cameron finishing 7th overall.

Stefan swam without a wetsuit and won the Chelsea Cup (1st male non-wetsuit), Mazzolini cup (1st swim club member male) and the Malloy shield (1st overall swim club member (non wetsuit division)



Paige Schendelaar-Kemp HPK-Swimming at Victoria Juniors 19th-20th December -Melbourne, Australia

Howick Pakuranga Swimming Club teams to
Zoggs 2009 Queensland Champs 2nd-18th December 2009
Victoria Age Group Champs -6th-10th January 2010

Australian Age Group Open Water Champs-Stefan Talbot 19th-21st Feb 2010



"Butterfly Camp" 12th December –Manurewa Pool-Visiting Coach-Simon Mayne Head Coach- WESTAK
47 Swimmers are attending From HPK, MAN, PPK, PPT, PUK, and WKU



“Counties Manukau Achievers ”



Liana Smith –Pukekohe

Has been nominated In the People of the Year awards, “Franklin’s Finest 2009”, Liana is a finalist in the category “Junior Achiever of the Year”. The award night is Wednesday the 16th December. Recently competed at the Zone Day athletics and won the 400m, 2nd in the 800m and 2nd in the long jump. And has been selected to represent Franklin on the 9th December in the Champion of Champions at Ericsson Stadium for the 400m, 800, long jump, and relay

Manurewa under-12 Water Polo Team some of these players are also competitive swimmers for The Manurewa Swimming Club. Six of these swimmers have also made the NZ under 13 squad The Team Are Finalists in the Counties Manukau Excellence Awards Junior Team of the Year.



Congratulations to Portia Manukau Papatoetoe Club selected for the Auckland Development Team for Under Water Polo

“Our region has so many talented young people in all different Sports codes, Academic, Arts etc, As well as Swimming”

I would like to acknowledge their achievements Sports, School etc. On this page dedicated to “Counties Manukau Achievers” send in their achievements to me at cmsa@ihug.co.nz and I can acknowledge in the newsletters.

- Counties Manukau Sport INFO “Club works “ Workshops –Engaging with your Community
 - Counties Manukau Sport www.cmsport.co.nz
- EVENTS (for *all* events, see our online CMSPORT Calendar at www.cmsport.co.nz/calendar)
- Thanks Mate nominations now open and can be accessed on the [CMS Website here](#)

Swimming Counties Manukau Roll of Honour –Swimmers
And Roll of Honour -Officials, Coaches, Clubs News Articles, Congratulations, Incentive Programme, Nationals, SCM Honour Role, Final Points Calculator etc. www.sportsground.co.nz/countiesswimming
Counties Officials website, Congratulations, Articles, <http://www.sportsground.co.nz/scmofficials>

- Check out www.houseoffundraising.co.nz for some advice and links on fundraising for your club

Online Directories

People interested in joining clubs will look online for clubs, increase your membership please use to advertise your clubs, free advertising.

- Counties Manukau Sport www.cmsport.co.nz
- Yellow Pages www.yellow.co.nz
- www.finda.co.nz
- www.playday.org.nz
- www.manukaudistrict.co.nz
- www.azdirect.co.nz (Franklin only) Waiuku and Pukekohe, Papakura clubs.



Bravo!

"Open Water Swimming Results"



Auckland Harbour Crossing (21 Nov) 2.8k

Harbour Crossing 2009			
Male			
Alex Hancock	10th	4th	37.17
Stefan Talbot	12th	6th	37.27
Cameron Flavell	30th	3rd	40.56
Sean Oosthuysen	59th	18th	43.24
Pat Castles	236th	6th	54.40
Female			
Renee Stothard	7th	3rd	40.22
Rachael Palmer	9th	4th	41.49

Chelsea Sugar Refinery Swim (6th Dec) 2.4k

Stefan Talbot, Jana Korbasova (HPK coach) & Cameron Flavell their results in the Chelsea Sugar swim. Stefan and Jana finished 2nd overall male & female respectively and Cameron finishing 7th overall. Because Stefan swam without a wetsuit he won the Chelsea Cup (1st male non-wetsuit), Mazzolini cup (1st swim club member male) and the Malloy shield (1st overall swim club member (non wetsuit division).



Websites worth looking at.

XLR8: Swim Faster, Faster Programme. www.takeyourmarks.com
Counties Manukau Sport www.cmsport.co.nz

Parent Handbook-The Parent Handbook is a free resource you can give to the parents of your swimmers. It contains useful information for issues and questions parents may have. The aim of this resource is to promote a collaborative approach to swimmer development. <http://www.swimmingnz.org.nz/education/education-for-parents>

Coaches Toolbox

The Coaches toolbox is a new section of the Swimming New Zealand website. It contains various articles of interest and links for coaches of all levels. This is a "living" section of the website, in that articles will frequently be updated view at: <http://www.swimmingnz.org.nz/education/coaching/coaches-toolbox>

Swim Coaching Starter Pack **This is a free online tool that entry level coaches can use to learn the fundamentals of swim coaching - visit:** <http://www.swimmingnz.org.nz/education/coaching/swim-coaching-courses-and-qualifications/swim-coaching-starter-pack>



Swimming Counties Records Broken Nov-Dec



Hayden Church	HPK	M	11	L	800	Free	9.48.53	WAQ Level 1	
Hayden Church	HPK	M	11	L	100	FREE	1.03.17	WAQ Level 1	
Paige Schendelaar-Kemp	HPK	F	11	S	100	IM	1.14.72	HPK Club Champs	
Paige Schendelaar-Kemp	HPK	F	11	S	50	Free	29.61	HPK Club Champs	
Paige Schendelaar-Kemp	HPK	F	11	S	50	Breast	39.67	HPK Club Champs	
Joshua Asplin	PPK	M	12	L	50	Fly	29.34	AK Junior Champs	
Joshua Asplin	PPK	M	12	L	50	Back	31.17	AK Junior Champs	NZ Record
Joshua Asplin	PPK	M	12	L	50	Free	27.55	AK Junior Champs	



Congratulations to 12/u Incentive Programme swimmers Update 31st NOV 2009

BRONZE LEVEL-

WKU BRONZE- Taylor Morgan (11)

PPK BRONZE- Zara Collings (9), Apirana Eyles (11), Bradley Hartshorne (11) Mikayla Harvey (11), Kiana Lang (10), Tiare Lang (11), Laura McRae (12), Ellie Raynes (10)

MRE BRONZE- Deighly Pare (11), Wai Renata (12) Taiawa Kotlowski (11) Nicole Koia (12)

PPT BRONZE -Tevyn Anitelea (9) Anissa Arudas (11), Giovanni Fatialofa (12), Michael Herewini (12) Anica Holo (11), Kieran Lidgard (9) Casey Mager (10), Tavai Mason-Wells, (10) Jordan Skeet (11), Rodney Walker (11), Charlie Wright (9) Harriet Wright (11) Dominic Rankin-Chitar (11) Tepeamouroa Wilson (12)

PUK BRONZE- Kirsty Acton (11), Campbell Crawford (9), Jessica Emslie (12), Christopher Ewart (10) (12), Alesha Guard (11), Timothy Hamblin (12) Hannah Hekelaar (11) Zoe Hekelaar (11) Harvey Humber (9) Jemma Norman (9) Alice Paterson (8), Thomas Robinson (11), Olivia Waller (10), Sarah Walsh (10), Caitlin Withers (11) Esperance Withers (9) Hamish Nicholls (8) Jemma Norman (9)

HPK BRONZE- Samuel Attard (12) Tayla Brown (11) Tabitha Caldwell (8) Grace Chang (7), Cameron Church (8) Mikayla Dance (9) Meg Dempsey (11), Patrick Domett (12) Lucy Dunlop (12) Samantha Edwards-Ingle (12) Holly Faletanoai (10), Kelly Forrest (12) Matthew Graham (10) Scott Hillman (12) Tessa Hill (11), Holley Hogan (12) Lucy Jennings (11) Matt Jennings (10) Danielle Lather (10), Jonathan Lee (11) Sommer Spence (11) Anna Sewell (12) Ainsley Thorpe (12), Quianna Thomson (11) AJ Type (11), Alicia Upfold (11) Demi Viljoen (11) Isabelle Wang (11) Stephanie Yiu (10), Hannah Young (12)

MAN BRONZE- Te Ataiti Adams (11) Karl Aschebrock, (12) Sarah Chapman (8), Brooke Hulbert (11) Joshua Killian (9) Lavana Knight (12) Brooke Varney (9), Courtney Varney (12) Taalia Joosten (9) Porourangi Tangaere (11) Wairahi Thomson (10)

SILVER LEVEL-

HPK SILVER- Ryan Church (9) Rebecca Cooper (12) Caitlin Daley (12) Nicholas Hancock (11) Jared Hartshorn (11) Joshua Scally (12), Carl Shroff (12) Dylan McCullough (9)

PPK SILVER- Ellen Watson (9) Kirsten Fisher- Masters (12)

PPT SILVER- Robert-Alan Fatialofa (9) Brooke Urquhart (12), Joshua McGreevy (9)

PUK SILVER- Grace Poole (12) Rebecca Cheyne (9), Campbell Lambert (9)

Kaitlin Petherick (11), Leonie Humber (11), Bailee-Jayne Waller (12)

MAN SILVER- Erikka-Lee Foketi (9)

MRE SILVER- Jemuel Nimmo (11)

GOLD LEVEL-

HPK GOLD - Hayden Church, (12), Leah Eagleton (12), Matthew Heim (11) Katie Hohaia (10) Maria Kim (11) Harriet Lloyd (12), Bailey Main (12) Paras Nain (12), Joshua Retter (10), Annielle Ryland-Higgins (12) Paige Schendelaar-Kemp (11) Josh Spence (10), Taylor Stevens (11) Leo Zhu (12) Karl Zhu (10) Kurtis Payne) (10), Tom Webster (11) Phoebe Caldwell, (10) ,Samantha Forrest (10) Thomas) Hughson(9) Callum Laroche (12), Kimberly Pfister (10) Otto Thiry (12)

MAN GOLD- Shilo Wright (12)

PPT GOLD-Chelsea Samuel (11) Olivia Solia, (12) Caleb Manukuo (12), Robbie Screen (10) Isaac Screen (12) Mikayla M McNabb, (12)

PUK GOLD- Louise Ruiterman (12) Courtney Walsh (12), Trey Withers (12) Abi Chapman (12), Maddison Farrell (12), Mackenzie Lambert (11) Phoebe Kempton (12), Brandon Nicholls (11))) Jordan Hope (11) Ishaan Singhal (12)

PPK GOLD- Joseph Watson (12) Casey Rei-Tukimaka (11)

12/U PLATINUM LEVEL-Above Div11

Phoebe Kempton, Louise Ruiterman, Courtney Walsh -PUK

Harriet Lloyd, Paras Nain, Katie Hohaia HPK

Olivia Solia, PPT

Shilo Wright MAN

12/U ELITE LEVEL- NAGS

Bayley Main, Paige Schendelaar-Kemp, Hayden Church, Leah Eagleton-HPK

Trey Withers- PUK

Carnival-Officials Sponsors-
Paul and Barbara Linton have once again donated Vouchers

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Thank you to Barbara and Paul Linton who have given us Vouchers again this season

Congratulations-To Geoff Sibun who won the Voucher at Anniversary Carnival.

Officials Qualifications



Region Exam passes- Anita Brown -Waiuku –IOT

Clare Humber-Pukekohe-Starter

Paul Morgan –Papakura-IOT

Lynda Southcombe-Howick Pakuranga-IOT

National Exams –Merwan Ghadiali-Manurewa-Passed Theory Exam –National IOT

Special Olympics National Meet at Palmerston North

2nd-5th December

Minoo Ghadiali -Manurewa attended as Official and was JOS, Referee, Starter and Chief IOT.

Alan Taylor -Papakura also attended as an Official

Flyers and info www.countiesswimming.org.nz

- DEC-
- 9th-16th –Pukekohe,Waiuku,Papakura Long Distance Champs
- 17th-19th –Papatoetoe-Long Distance Champs
- 12th –Butterfly CAMP –Nationals-Manurewa Pool
- 12th –Swim Waikato-Open Water Lake Karapiro-Cambridge
- 12th - Sovereign Ocean Swim-Russell to Paihia -BOI 3.3KM
- 15th Dec-18th -School Holidays Start
- 25th December-Christmas Day



- **January 2010-“HAPPY NEW YEAR”**
-
- **10th –Incentive Silver /Bronze Camp –Papatoetoe 50 m Pool**
- **22nd-24th –Counties Age Group Champs-Theme “Luau” Hawaii Party**
- **February 2010**
- **Between 2nd-5th Feb School Starts.**
- **7th –Counties Age Group Sprints & Relays**
- **20th-21st –NZ Junior Champs**
- **28th –Manurewa Carnival-Mountford Park Pool**
- **March 2010**
- **2nd-6th –NZ Age Groups**
- **17th-20th –Division 11 Competition**
- **31st –4th –Commonwealth Games Trials**
- **April 2010**
- **4th –Commonwealth Games Trials**

If anyone wants anything added, please let me know Next Swimming News –January